

Title:

Budget Backpacking

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628

Summary:

One of the least expensive, yet most fulfilling, types of vacations is the camping and backpacking.

One of the things that makes backpacking so attractive to budget minded travelers is the low cost.

Keywords:

fashion, bobs & short hair cuts, hair cuts, hair style

Article Body:

One of the least expensive, yet most fulfilling, types of vacations is the camping and backpacking.

One of the things that makes backpacking so attractive to budget minded travelers is the low cost.

Invest in a good quality hiking map or guide and get to know the area you will be traveling to.

Be sure to obtain all necessary permits, and reserve the campsite you want, in advance of your trip.

Always check local regulations regarding campfires, smoking, cleanup, etc. to avoid paying fines.

Research the weather patterns of the area and always be prepared for the worst weather. Always

Dress appropriately, in layered clothing, no matter what time of year. Be sure to pack clothing

Learn how to operate your equipment before you hit the trail. It is important, for instance, to

Determine how much weight you can comfortably carry, and pack appropriately. Many first time hikers

Pack more food than you think you will need. Hikers and backpackers burn far more calories than

Learn where the water sources are on the trail and be sure to keep your water bottles filled in

Always cook your evening meal before it gets too dark. Extra food should always be stored in a

Always pack a first aid kit and be prepared with some basic first aid training. Carry a GPS system

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