

Title:

Food in Italy: Italian cooking and dining from your villa or apartment

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Summary:

If you've rented a villa or apartment in Italy, no doubt you'll be trying to sample all the fo

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Article Body:

If you've rented a villa or apartment in Italy, no doubt you'll be trying to sample all the fo

Shopping for Italian Food

One of the great delights of renting an Italian villa or apartment is shopping for produce at

In an outdoor market, you should indicate which fruits or vegetables you need, and the seller

In a small grocery, you still can't touch the produce (no matter how much you want to)! Instea

If you really need control over your produce selection, try a large supermarket: here you will

Another great place to pick up some traditional Italian food is a deli. There are no special r

Here's a list of some delicious common foods in Italy:

- *Pane* (bread: get it fresh in the morning!)
- *Aceto* (vinegar: balsamic or wine)
- *Aglio* (garlic)
- *Basilico* (basil)
- *Olio di Uliva* (olive oil)
- *Limoni* (lemons)
- *Pomodori* (tomatoes)
- *Capperi* (capers)
- *Porcini* (mushrooms)
- Other vegetables: potatoes, onions, carrots, green beans, peppers, cucumbers, lettuce,
- *Tonno* (canned tuna)
- *Uova* (eggs)
- *Frutta* (fruit)
- *Pollo* (chicken)
- *Vino* (wine)

Italian Cooking - Recipes

What could be better than cooking in Italy with all those delicious fresh ingredients? Here ar

1. *Tortellini in Brodo con Petti di Pollo:* Make a broth using bullion and add tor
2. *Pasta al Pomodor:* Otherwise known as spaghetti, this is delicious with fresh I
3. *Minestrone:* Saute onions and garlic in oil. Add broth, bring to a boil, and ad

Italian Dining Customs

When you go dining in Italy, remember this: Italy is a food culture! If you're looking for fir

1. *Primi* - A pasta dish
2. *Secondo* - The main course: meat or fish. This course may also include the *co*

3. *Fromaggio* - Cheeses
4. *Frutta* - Fruit
5. *Dolce* - A sweet
6. *Café* - After-dinner drinks, including coffee, wines, liqueurs, and digestives.

Note also that, depending on the restaurant in question, courses 3, 4, and 5 may be condensed

There aren't any hard and fast rules in Italian dining, but there are a couple of things you s

When you order, do so all at once, at the beginning. Don't order the first course, eat, and <i

Eating in Italy

Whether you're dining out or cooking your own Italian meals, have fun! If you accidentally tou

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