

Title:

Missing the comforts of home

Word Count:

512

Summary:

Once you have made the brave step to a new life in a foreign country, inevitably, at some stage

Keywords:

expatriate, living abroad

Article Body:

Once you have made the brave step to a new life in a foreign country, inevitably, at some stage

Missing home and the various other things that were important to you before you left is normal

In the first few months or even the first year, you may feel as if you have lost your identity

Dealing with missing home, friends and family can be made that much easier, but it takes effort

In this modern age of communications, there are many ways to keep in touch. Telephone, email,

Learn to fit in with the new culture you have found yourself in. Forget that back home you would

Missing home is difficult to overcome, but with effort, friends, a social life and enthusiasm

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