Title:
5 Simple Ways To Speed Up Your PC According To Microsoft

Word Count:
1310

Summary:
While most people would not think of skipping preventative maintenance on their automobiles, t

Keywords:
disk, memory, computer, windows, click, files, system, hard, performance, drive, defragmenter,

Article Body:
By following a few simple guidelines, you can maintain your computer and keep it running smoot

The majority of this article was first published in segments by Microsoft demonstrating how to

1.   Free Up Disk Space

By freeing disk space, you can improve the performance of your computer. The Disk Cleanup tool
Use Disk Cleanup to:
¨   Remove temporary Internet files.
¨   Remove downloaded program files (such as Microsoft ActiveX controls and Java applets).
¨   Empty the Recycle Bin.
¨   Remove Windows temporary files.
¨   Remove optional Windows components that you don't use.
¨   Remove installed programs that you no longer use.

Tip: Typically, temporary Internet files take the most amount of space because the browser cac

To use Disk Cleanup
A.   Click Start, point to All Programs, point to Accessories, point to System Tools, and t

B.   In the Disk Cleanup for dialog box, scroll through the content of the Files to delete

Choose the files that you want to delete.

C.   Clear the check boxes for files that you don't want to delete, and then click OK.

D.   When prompted to confirm that you want to delete the specified files, click Yes.

After a few minutes, the process completes and the Disk Cleanup dialog box closes, leaving you

2.   Speed Up Access To Data

Disk fragmentation slows the overall performance of your system. When files are fragmented, th

Disk Defragmenter is a Windows utility that consolidates fragmented files and folders on your

When to run Disk Defragmenter
In addition to running Disk Defragmenter at regular intervals˙monthly is optimal˙there are oth
¨   You add a large number of files.
¨   Your free disk space totals 15 percent or less.
¨   You install new programs or a new version of Windows.

To use Disk Defragmenter:
A.   Click Start, point to All Programs, point to Accessories, point to System Tools, and t

Click Analyze to start the Disk Defragmenter.

B.   In the Disk Defragmenter dialog box, click the drives that you want to defragment, and

Tip: You should analyze a volume before defragmenting it to get an estimate of how long the de

C.   To defragment the selected drive or drives, click the Defragment button. Note: In Wind

After the defragmentation is complete, Disk Defragmenter displays the results.

D.   To display detailed information about the defragmented disk or partition, click View R

E.   To close the View Report dialog box, click Close.

F.   To close the Disk Defragmenter utility, click the Close button on the title bar of the

3.   Detect And Repair Disk Errors

In addition to running Disk Cleanup and Disk Defragmenter to optimize the performance of your

As you use your hard drive, it can develop bad sectors. Bad sectors slow down hard disk perfor

If you use your computer daily, you should run this utility once a week to help prevent data l

To run the Error Checking utility:
A.   Close all open files.
B.   Click Start, and then click My Computer.
C.   In the My Computer window, right-click the hard disk you want to search for bad sector
D.   In the Properties dialog box, click the Tools tab.
E.   Click the Check Now button.
F.   In the Check Disk dialog box, select the Scan for and attempt recovery of bad sectors
G.   If bad sectors are found, choose to fix them.

Tip: Only select the "Automatically fix file system errors" check box if you think that your d

4.   Protect Your Computer Against Spyware

Spyware collects personal information without letting you know and without asking for permissi

5. Use Ready Boost

If you're using Windows Vista, you can use ReadyBoost to speed up your system. A new concept i
intenet based pc repair by computer man
Windows ReadyBoost improves system memory and boosts performance.

Adding system memory (typically referred to as RAM) is often the best way to improve a PC's pe

Windows Vista introduces Windows ReadyBoost, a new concept in adding memory to a system. You c

The flash memory device serves as an additional memory cache˙that is, memory that the computer

It's easy to use Windows ReadyBoost. When a removable memory device such as a USB flash drive